CAE Medicor User Guide
Vaginal and Scrotal Skills Trainers
Disclaimer
This product is a simulation device designed for training and demonstration purposes only.

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Cautions and Warnings

Read this user guide, including all cautions and warnings, before you use your CAE Medicor™ skills training model. Use this product only as described in this guide. If you use it incorrectly, it may be unsafe and will void your warranty. Keep this information for future reference.

General Precautions

• Do only the procedures supported by the model as described in this user guide.
• Do not use or store scissors, scalpels, needles, box-cutters, or other sharp objects with the model.
• Do not pull on the model skin. This can cause the skin to tear.
• Do not expose the model to sunlight for prolonged periods.
• Do not use or store the model near a heat source.
• Avoid contact with materials that can discolor the model.
• Do not use chemical solvents on the models.
• Clean the model with water and a light soap solution only. Do not immerse or use large amounts of liquid to wash it.

Latex Statement

• Currently, CAE Medicor products with tubing contain latex. Solutions to remove latex from our product line are in development.
• Users with latex sensitivity should use caution when replacing tubing.
• Please refer to the specific product details for information on additional latex components.

Fluids

• Use only fluid solutions made with CAE Medicor powders in our products. Do not substitute any other fluid and use fluid only as directed.
• Do not modify fluid reservoirs or any other product component.
• Protect your eyes, skin, and clothing against accidental fluid exposure. The Material Safety Data Sheet (MSDS) is available on the CAE Healthcare website.
  ° May irritate eyes or skin; flush well with water.
  ° May contain pigments that stain clothing; wash immediately with cold soapy water.
• Fluids are not intended for human consumption. If accidental ingestion occurs, drink a glass of water and consult a physician.
Cautions and Warnings

Needles

- Use only new, sharp, unbent 22 gauge needles. Smaller needles (higher than 22 gauge) can bend during use and damage the model.
- The self-healing feature of CAE MedicSkin™ applies only to needle sticks. Healing is not guaranteed if needles larger than 22 gauge, scalpels, or other sharp implements are used to cut into or pierce the model.
- Replace needles after ten uses. Dull needles can damage the model.
- Use extreme caution when using needles during training to avoid injury.
Introduction

This user guide describes the features, use, and care of the following skills training models:

- CAE Medicor Vaginal Hygiene Model 2
- CAE Medicor Vaginal Hygiene Model 2 with Belt
- CAE Medicor Scrotal Male Hygiene Model
- CAE Medicor Scrotal Male Hygiene Model with Belt
- CAE Medicor Scrotal Male Hygiene Model with Foreskin
- CAE Medicor Scrotal Male Hygiene Model with Foreskin and Belt
- CAE Medicor Vaginal and Scrotal Hygiene Models with Belt
- CAE Medicor Vaginal Model: Hemorrhoid and Episiotomy Model
- CAE Medicor Female Urinary Catheterization Model with Belt
- CAE Medicor Male Urinary Catheterization Model
- CAE Medicor Male Urinary Catheterization Model with Foreskin

These models are intended as platforms for the practice of hygiene, catheterization, and other skills. Models with a belt may be worn by a manikin.
Anatomy

The vaginal and scrotal models are constructed with realistic CAE MedicSkin and offered in three different skin tones.

The anatomy of the models includes:

- Complete male or female genitalia
- Perineum
- Anus
- Optional foreskin for male models

Catheterization models have tubing to simulate the urethra. Users must prepare fluid for catheterization skills trainers before use. More information can be found in the Fluid Setup section of this guide.
Equipment Overview

The following items are included with your shipment:

- Skills trainer
- Urinary bottle (catheterization models only)
- Simulated urine powder (catheterization models only)
- Tubing (catheterization models only)

The following additional items are required for training but not included in your purchase:

- Distilled water (catheterization models only)
- Procedure equipment per local protocol

Optional accessories or consumables for your model are available to purchase on the CAE website:

- Replacement urinary bottles
- Simulated urine powder
Introduction

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Using the Training Model

This section has information and instructions about the setup and use of the skills training model and any specific procedures.

Setup

Follow the guidelines below to unpack and set up your model:

1. Open the shipping carton:
   - Use extreme caution with sharp tools, such as a box cutter, to avoid damage to the training model or any accessories.

2. Unpack the equipment:
   - Remove the model from its shipping container.
   - Review the equipment, accessories, and supplies. See the Equipment Overview section of this user guide for a list of items included with this model.

3. Set up the skills training model:
   - Place the model on a very stable table or similar work surface.
   - Place the model on smooth surfaces only. Rough or uneven surfaces can leave impressions on the skin and damage the model.

Fluid Setup for Urinary Catheterization

*Applies to Catheterization Models only*

To begin, mix the simulated urine:

1. Put simulated urine powder into the included urine bottle.
2. Fill the bottle with 20 mL of distilled water.
3. Close the bottle tightly to avoid any leakage.
4. Shake the bottle vigorously for approximately 30 seconds to dissolve powder.
5. The solution is now ready for use.

To complete setup, connect the bottle to the tubing. The model is now ready for catheterization practice.

Training

Our products are essential practical components to complement and enhance your training curriculum and provide a realistic simulation experience to practice the psychomotor skills needed for various procedures.

CAE Medicor products do not teach procedures or techniques. Refer to your institution or training program for more information.
Care and Maintenance

With proper care, your training model will remain in optimal condition and ready for use.

Storage and Transport

Follow these guidelines to properly store or transport your model:

- Storage temperature degree range: 64 - 77 °F (18 - 25 °C)
- Store in a dry location protected from dust and direct contact with sunlight.
- Do not store in contact with other training models or hard objects as the pressure can damage the CAE MedicSkin tissue. Do not stack multiple training models on top of each other.
- Transport the model securely so it does not fall.
- Do not carry by the tubes or belt, or use them as handles as this will damage the model.

Cleaning

To maximize the lifespan of the product, clean the product thoroughly after each use and before storage.

To clean the exterior:

1. Mix one cup of tap water with ¼ teaspoon of mild liquid soap (such as dish soap).
2. Gently clean the exterior with the soap mixture and a soft, non-abrasive sponge or cloth.
3. Rinse lightly with clean water.
4. Dab or pat with a clean, soft, lint-free cloth to dry the product after cleaning. Do not wipe or rub the skin, which can damage it.
5. Make sure the model is completely dry for storage.

Cleaning the Internal Tubing

Applies to catheterization models only

When training is complete, follow these steps:

1. Disconnect the urinary bottle from the tubing.
2. Hold the model over a sink or empty container and allow to drain completely.
3. Rinse and drain again as needed.
4. Allow the model to dry completely before storing.
Help and Technical Assistance

For assistance, contact CAE Customer Support. Contact information for all regions is available on the back cover of this guide and on the CAE Healthcare website.
For more information about CAE products, contact your regional sales manager or the CAE distributor in your country, or visit caehealthcare.com.
Tel +1 941-377-5562 or 866-233-6384

For customer support, please contact CAE.

Customer Support Headquarters - United States
Monday - Friday from 7:00 a.m. to 6:00 p.m. ET
Phone 1-866-462-7920
Email: srqcustomerservice@cae.com

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Monday - Friday from 8:00 a.m. to 5:00 p.m. ET
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